





## Listen & Capture

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Speaker's name	
Profession/Field	
A key idea or quote that stood out to me	
Something that resonated with me the most	
Something surprising or unexpected	







## My Reflections

This panel made me think differently about	
Something new I learned about work in tech	
A career path/role in tech I want to explore	
This connects to something I've learned in school	
A skill I'd like to build after hearing the panel	